

Workshop Plan

Ground rules-

- Safe environment, confidentially, not talking over each other, respect each other.

Get to know each other-

- Name, a little bit about yourself and briefly explain why you have come to the workshop?
- In pairs have a chat about violence against women in the media, focusing on these questions.

Prompting questions-

- Do you think it's important to show violence against women in the media?
- From whose perspective is this violence usually shown?
- What would be the best way to show violence against women in 'entertainment', if any?

- Discuss these as a group and write down the main points.

If we are going to change the perspective of violence against women in entertainment we need to change the stereotypes of women.

Writing exercises

Breaking stereotypes

- Look at pictures of people, from a stereotypical, closed minded, ignorant perspective name three words about that character.
- Then swap character with the person next to you.

- Creating a poem on violence using objects rather than people.

Drama exercises

- In pairs decide on a mundane, relaxing and everyday task.
- Example, plaiting hair, folding paper, flipping a coin.
- Read the poem while performing this task.